# MANNA MENU INDICATOR

[Allergens: We care and cater for all allergens – please give our chef advanced warning]

## SEASONAL, FRESH AND NUTRITIOUS PLANT FOOD

### - Served in Restaurant or on outside terrace -

#### **SMALLER PLATES**

Start your meal experience with a Trio of delightful tastes, breaded mushrooms, or our cheeseboard with homemade biscuits.

Alternatively choose from a wide range of sides and compliment these with a Manna flat bread.

Prices from 5.50

#### MAIN DISHES:

We offer a complete range of dishes and tastes to match, from our ever-popular Manna Sunday Roast or Full English to nutritious Buddha bowl, Seasonal Soups, traditional Sausage on Mash, and many other plant-based delights.

Prices from 9.50

#### SWEET TO EAT & TREATS:

The treat is always in the pudding! All freshly made at Manna including our vegan Ice cream or sorbet, seasonal crumble with custard and a range of cakes and options to end the meal on an even higher note!

Prices from 3.50

#### **DRINKS MENU**

Manna is fully licensed restaurant and offer a range of UK-made vegan drinks, as well as *fresh seasonal fruit juices* of the highest quality and taste to accompany your selection of the day.

